

LEARN ABOUT

# Life-Saving Bleeding Control Training THROUGH



**Lisbon Public Class – May 4th, 2025, 1:00- 2:00pm**

**At Lisbon Volunteer Fire Company**

**16104 Frederick Road, Woodbine, MD 21797**

**FREE personal STB Kit for all pre-registered attendees!**

Minutes count! Someone who is severely bleeding from an injury such as a car crash, a gunshot or accidental wound can bleed to death in as little as 5 minutes. That's why the R Adams Cowley Shock Trauma Center's Center for Injury Prevention & Policy offers FREE life-saving bleeding control training through STOP THE BLEED®.

R ADAMS COWLEY  
SHOCK TRAUMA  
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UNIVERSITY of MARYLAND  
MEDICAL SYSTEM

CENTER FOR INJURY PREVENTION & POLICY

**LEARN MORE** and **REGISTER** for a  
training class: [umm.edu/stopthebleed](http://umm.edu/stopthebleed)

